Role of TEE in Left Atrial Appendage Closure: Lessons Learned

### Maurice Buchbinder, MDCM, FACC, FSCAI

Medical Director Foundation for Cardiovascular Medicine San Diego, California

> Professor of Clinical Medicine Stanford Hospital and Clinics Stanford, California

### DISCLOSURE STATEMENT OF FINANCIAL INTEREST

In the past 12 months, I or my spouse/partner has had a financial interest/arrangement with the organization(s) listed below.

BSCI

- Scientific Advisory Board Member
- Speaker Bureau
- Equity Ownership

# TEE is all I need.....

- TEE is a widely available imaging modality highly reliable, safe, easy to use , and happens to be the *only validated* technique for guidance and sizing for left atrial appendage closure
- TEE is affordable and can be used a *sole imaging tool* for screening, procedural guidance, and post implant evaluation

### From a Cardiologist Perspective why is TEE the main imaging modality for LAAC

- Pre procedure (Pt. Screening)
  - TEE (advantages/disadvantages) "Validated" findings
- Guidance during implant
  - TEE (advantages/disadvantages)
  - Post procedure
  - 45 day follow up for sealing and proper device placement to guide ongoing medication regimen
- Cost effectiveness and Workflow

### **Pre-Procedural TEE for LAA Closure:**

#### **Provides a means to:**

Rule out LAA thrombus

Detail LAA anatomy:

- Bends (location, angulation)
- Lobes, bifurcation
- Pectinate muscle/ridge/trabeculation

Envision LAA device fit

Assess surrounding structures (IA septum, LA, PV)

Measure LAA dimensions

Select fluoroscopic angles if needed

Determine sheath selection

Determine transseptal location

# Pre-Procedural 3-D° TEE enhances anatomical definition tow ards LAA Closure 135° PV

LAA

Posterio

Ao



### Standard validated TEE views for optimal LAAC include:





# **Understanding TEE**

# **135°** Regardless of the anatomy type



# Unlike CT, TEE views and measurements have been *validated* in robust clinical experience with WATCHMAN:

- 0 and 135 degrees often give widest ostium diameter
- 45 and 90 degrees usually give the most depth
- Depth should be ≥ ostium diameter to accommodate WM
- Anterior lobes usually superior
- Posterior lobes usually inferior
- WM oversizing 9-25% (>2-4mm)





# Routine measurements using TEE in various projections for optimal sizing



### From a Cardiologist Perspective why is TEE the main imaging modality for LAAC

- Pre procedure (Pt. Screening)
  - TEE (advantages/disadvantages) "Validated" guidelines
- Guidance during implant
  - TEE (advantages/disadvantages)
- Post procedure
  - 45 day follow up for sealing and proper device placement to guide ongoing medication regimen
- Cost effectiveness and Workflow

# TEE for procedural guidance

#### Intra Procedural TEE

- Guide trans septal puncture
- Guide placement of access sheaths
- Guide device placement and assess release criteria



TEE is the easiest imaging modality to aim for safe and precise trans septal puncture: "inferior-posterior"



#### **Bicaval View:**

• 90-100 degrees



### TEE guidance for trans septal puncture: Tenting while aiming inferior-posterior



# Always assess for & avoid PFO



# TEE for LAAC device implant: Access Sheath Guidance







# TEE for LAAC device implant: Access Sheath Guidance





#### Visualize LAA & LUPV:

• 30-50 degree & counterclock

## TEE for WATCHMAN implant : Guiding Deployment





# TEE for WATCHMAN Implant: Tug Test





## TEE for WATCHMAN implant: Compression & Seal



- Device compression 8-20%
- Peri-device leak <5mm</li>

## TEE for WATCHMAN implant: 3D TEE before Release

![](_page_21_Picture_1.jpeg)

Assess Residual Iatrogenic Atrial Septal Defect & Pericardial effusion

![](_page_22_Picture_1.jpeg)

![](_page_22_Picture_2.jpeg)

## TEE vs ICE

### • TEE

- Widely Used imaging modality with significant experience and expertise amongst many operators. Highly reproducible results in experienced operators
- Can be done under moderate sedation and not with general anesthesia
- Safe and least expensive imaging modality with no excessive radiation exposure
- Results validated thru decades of studies correlating TEE findings with acute and long term LAAC outcomes

From a Cardiologist Perspective why is TEE the main imaging modality for LAAC

- Pre procedure (Pt. Screening)
  - TEE (advantages/disadvantages) "Validated" guidelines
- Guidance during implant
  - TEE (advantages/disadvantages)
- Post procedure
  - 45 day follow up for sealing and proper device placement to guide ongoing medication regimen
- Cost effectiveness and Workflow

### TEE for Routine Device Surveillance Post-LAAC

- Important to assess for:
  - Residual leak (LAA patency)
  - Device-associated thrombus
  - Device positioning (embolization)
  - Surrounding structures
  - Pericardial effusion

![](_page_25_Picture_7.jpeg)

• TEE should be routinely done at 1-6 months post-LAA closure to assess for these abnormalities and determine optimal post implant medication regimen

### From a Cardiologist Perspective why is TEE the *Optimal* imaging modality for LAAC

- TEE remains the most commonly used, least expensive and most versatile imaging modality to support LAAC implant
- TEE is the only imaging modality tested in RCTs
- There is much desire to use other imaging techniques in order to:
  - Increase patient comfort
  - Facilitate pre-case planning
  - Reduce number of personnel required to perform procedure
  - Improve/Optimize device placement
- Studies will be needed to correlate and confirm that measurements with other techniques compare favorably to the proven track record and excellent outcomes with TEE as the sole imaging modality

![](_page_27_Picture_0.jpeg)